

Niseko's variety of flat and hilly terrain has made it a prime cycling destination, with numerous cycling races between June to September. Local passionate cyclists are also constantly building bigger and better mountain bike trails.

On the eastern edge of greater Hirafu Village is Ginto Trail, a community effort spearheaded by Ashley Nicholls of Holiday Niseko. This MTB trail was crowdfunded by the community and businesses.

"Looking at all the major outdoor destinations around the world, I found mountain biking is the number one business in summer," says Ashley, who usually goes for a few laps around Ginto Trail in the morning with his black lab Ryder. "It's a healthy sport, it brings in mountain bikers from all around the world and it's fun. We hope we can expand not just this trail, but more MTB trails around this region. Maybe even one looping around Mt. Yotei."

Ginto Trail is an easily accessible 1.8-km. flow trail weaving through designated green zones around Pavilions hotel and residences, which are currently under construction. The trail is built on relatively flat terrain but features several bumps, jumps and banked turns which you can attack

depending on your skill level. Best of all, it's free to the public.

Just a few blocks away is Rhythm Japan, Starting off as a small ski rental shop, Rhythm grew to be a one-stop shop for cycling, hiking gear and SUP guided tours and rentals. During the winter, they're Niseko's biggest rental business for premium skis and snowboards.

"There's already a lot of potential for Niseko, with increased investment in accommodation and infrastructure. The next obvious step is for green season to take over," says Rhythm Japan owner Djan Aston. This year, Rhythm Japan is building a pump track using parts imported from the Czech Republic. The modular pump track will be set up at the local park for the community to use and also at Niseko's summer festivals.

To combine cycling with travel, Rhythm Japan offers half-day and full-day tours to enjoy Niseko's natural beauty and neighborhoods on wheels. Depending on your level, you can cycle a generally flat course stopping at mom-and-pop bakeries, Niseko Gelato and even an ostrich farm or challenge yourself to grueling hills with rewarding views of Mt. Yotei.

Rhythm Japan has its two-story headquarters at the base of Hirafu Zaka, the street leading up

to Niseko Grand Hirafu. After a day outside, stop by for New Zealand Allpress coffee at Rhythm's in-house cafe, Gloorious Coffee (that's "Glorious" with two o's) and say hi to their shop dog, Marlo the French buildog.

As you explore Niseko town and talk to the residents, you'll definitely run into a few people training for one of Niseko's many cycling races. The biggest one is the Niseko Classic which will be held on July 7-8. Part of the international UCI Gran Fondo, the amateur cycling world tour, the Niseko Classic is one of only two Asian destinations on the tour and attracts more than 1,000 people from all over the world. The race features 70-km., 140-km. and, from this year, 3.4-km. time trial challenges. Amateur riders of all abilities are welcome. For a milder, noncompetitive ride, the 64-km. Niseko Yotei Circuit Fun Ride will be held that same weekend.

The 9th annual Hanazono Hill Climb held Aug. 5 will give you a chance to explore the area as you cycle from Kutchan Community Hall to Goshiki Onsen. This bike race is 16 kilometers long and ends at the onsen 796 meters high on the northern base of Mt. Annupuri. Racers will have the chance to ride through the annual Kutchan Potato Festival as well.



Blazing Trails

Mt. Annupuri (1,304 meters) is a quiet hiking spot in summer and an idyllic spot to catch the sunrise over Mt. Yotei (1,898 meters), a.k.a. "Ezo Fuji" for its resemblance to Mt. Fuji. Enjoy the striking 360-degree vistas from the top of Mt. Annupuri with Mt. Yotei to the south and the ridge trail leading to the Sea of Japan to the north.

The easy hike takes roughly one hour from Goshiki Onsen to the summit. Don't be surprised to find snow still covering many parts of the trail even in late spring.

Part of the Shikotsu-Toya National Park, Lake Toya is a freshwater caldera lake formed by an eruption from the still-active Mt. Usu and is the third largest of its kind in Japan. In midsummer, the lake warms up making it the perfect swimming pool and campsite location.

Rhythm Japan operates SUP tours on this lake, going past Ukimido Park, which overlooks the lake with a small double tower monument built for Japanese Prince Shotoku. Perhaps most characteristic of the lake is its iconic Nakano Island. Daily ferries operate to this lake but you can also SUP there from the north shore (takes roughly two hours).

"I grew up in Canada and I've always loved going to lakes," says Black Diamond and Hokkaido Backcountry Club owner Clayton Kernaghan. "Many years ago, I bought a small boat and got her on Lake Toya. The first day on Toya...wow, it blew my mind. I've seen great lakes back home but the water here is so clean, clear and warm in July to September."

What started off as a hobby became part of Clayton's business, and now he offers wakeboarding and wakesurfing tours in summer.

While Black Diamond and Hokkaido Backcountry Club has made its name as a world-famous extreme backcountry, heli and CAT skiing operation, they also run Black Diamond Lodge, year-round budget accommodation at the base of Niseko Village. Additionally, they rent out eight-passenger vehicles which can be converted into camping vans for adventurous travelers wanting to explore Hokkaido on their own.

"One of the unique things about Japan is each town has a michi no eki (roadside station). It has bathrooms, markets and big parking areas where you can park your van for free and even overnight," says Clayton. "On weekends you see lots of camping vans parked at these stations: Japanese people exploring the country on their own with their family or friends. We want to offer foreigners this same experience."

The NAC Trail Run was Hokkaido's first trail run. The 30-kilometer run tackles uphill mountain and forest trails, log hopping and creek crossings, and even summits Annupuri twice. A shorter 10-km. course and 5-km. forest trail course are also available. It will be held on Sept. 9.

As Niseko cools down in September, the 36th Niseko Marathon Festival, held on Sept 16, is a refreshing run through Niseko's hills. This event will host a 21-km. half marathon and 5-km. and 35-km. fun runs



Essentials

Accommodation

While the green season is quieter than winter, it's still best to book ahead as hotels can get fully booked with international group tours or school groups. The more convenient parts of town to stay are near Niseko Village or Hirafu resorts. Closer to Niseko Station, Niseko Village is made up of three hotels: Kasara townhouses. the Hilton and Green Leaf. The Hilton and Green Leaf are convenient if you want to soak in a hot spring, as they both have in-house onsen baths. You can also go for a swim in Green Leaf's yearround thermal pool.

For bigger groups, Vacation Niseko manages luxury apartments, houses, townhouses and budget-friendly apartments in the heart of Hirafu. MUSE Niseko is a sleek, minimalist accommodation looking out towards Mt. Yotei. The more casual Kizuna a few blocks away is on Hirafu Zaka slope and close to NAC Adventure Park and Hirafutei if you want to have a drink at Toshiro's Bar or take a dip in the hotel's onsen.

Getting There

If you're flying into Hokkaido, chances are you'll be arriving at New Chitose Aiport, Hokkaido's biggest airport. The best way to get to Niseko during the green season is to take the JR Rapid Airport line from the airport, change trains at Otaru Station and take the JR Hakodate Line to either Niseko or Kutchan Station, Most accommodation offers shuttle pick-up services from these stations.

Summer Events

Aug. 4: Niseko Town Tanabata Fireworks Festival

Aug. 4: Kutchan Jaga Matsuri (Potato Festival)

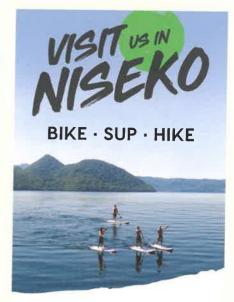
Aug. 18: Hirafu Festival

Aug. 25: Niko Niko Niseko Village Festival

September 13: 2018 Niseko Autumn Food Festival

For more information on activities, accommodation and events, check out Niseko Tourism at www.nisekotourism.com or download





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